

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays
\$3.00 Donation Requested

Time: 12:00 noon

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

*Reservations are made on the
preceding Wednesday by 2:00 P.M.
Call 763-7519*

Senior Citizens Join Us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

(All meals are served with 8 oz. milk and 1 tsp. margarine)

Mark Twain Congregate Living July 2013 Menu



Happy Independence Day!

July 4

Tossed Salad w/Dressing
BBQ Country Style Ribs
Macaroni Salad
3 Bean Salad
Wheat Bread
Strawberry Shortcake

July 6

Beef Barley Soup
Turkey Club Sandwich
Appleslaw
Potato Chips
Sliced Pears

July 7

Veal Scallopine over
Farfalle Noodles
Green Bean &
Squash Medley
Whole Wheat Bread
Snowy Jewels

July 13

Vegetable Barley Soup
Italian Meatloaf Sandwich
on a Roll
Tossed Salad w/Dressing
Crackers
Pineapple Tidbits

July 14

Spinach Salad w/Dressing
Seafood Newbury over
Brown Rice
Broccoli Florets
Whole Wheat Bread
Cantaloupe Wedge

July 20

Italian Lentil Soup
American Chop Suey
Garden Salad w/Dressing
Garlic Bread
Fruit Cocktail

July 21

Orange Pineapple Juice
Cranberry Citrus Chicken
Basmati Rice
Carrots & Broccoli
Whole Wheat Bread
Banana Cream Parfait

July 27

Hearty Chicken Soup
Chicken Salad
w/Cranraisins on
Wheat Bun
Potato Wedges
Leaf Lettuce
12 Grain Bread
Pineapple & Mandarin
Oranges

July 28

Orange or Apple Juice
Scrambled Eggs
Cinnamon Raisin French
Toast w/Syrup
Bacon/Sausage
Grilled English Muffin
Fruit Cup